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I am drawn to positive people and situations.

I am attracted to positive people and avoid those who are negative. **The company I choose to keep has a big impact on my attitude, happiness, and success.** The people in my life influence my life, so I choose them very carefully.

I have high standards for the people in my life. **I am generous and kind, but I have limits.** I remove those people from my life that are negative or require too much of my attention and energy. I am drawn to those who can add something positive to my life.

I avoid negative situations. Before I become involved in any situation, or with any person, I consider the impact it will have on my life. Those situations and people that have a positive impact on my life are appealing to me. I can easily avoid negative situations and people.

Some people are drawn to drama. **I avoid drama.** I appreciate simple, positive experiences. My life is more enjoyable this way. I accomplish more this way.

Today, I am focused on positive people and situations. I am attracted to people and situations that enhance my life. **I am a magnet for all the positive things that the world has to offer.**

Self-Reflection Questions:

1. Who is the most negative person in my life? Why am I permitting them to remain in my life? What can I do to make my experience with this person more positive in the future?
2. What is the most negative situation in my life? What can I do to make it better?
3. How would my life change if I avoided negative people and situations?